

January 2 - January 31

LUNCH

*What's Cooking Today?*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>NO SCHOOL</b>	3 Chicken Fingers-3/4 c. Green Beans-3/4 c. Whole Grain Bread Pineapple Cup-1/2 c. Milk-8 oz.	4 Sliced Chicken and Cheese on a W/G Kaiser Roll-1 Celery Sticks w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	5 Chicken Tacos with Shredded Cheddar Cheese on a W/G 6" Soft Taco Shell-2 Fresh Baby Carrots w/ Dip-1 c. Fresh Orange-1 Milk-8 oz.	6 <b>DOMINO'S</b> W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
9 Meatballs w/ Sauce on a Whole Grain Sub Roll-1 Sliced Carrots-1 c. Fresh Banana-1 Milk-8 oz.	10 All Beef Hamburger on a Whole Wheat Bun-1 Green Beans-3/4 c. Fresh Apple-1 Milk-8 oz.	11 Turkey and Cheese on a Whole Grain Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Diced Peach Cup-1/2 c. Milk-8 oz.	12 Baked Ziti-8 oz. Romaine Salad w/ Dressing-1 1/2 Peach Applesauce Cup-1/2 c. Whole Wheat Dinner Roll Milk-8 oz.	13 <b>DOMINO'S</b> W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.
16 <b>NO SCHOOL</b>	17 Cheese Lasagna with Meat Sauce-4 oz. Broccoli Florets-3/4 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-8 oz.	18 Beef Salami and Cheese on Sliced Italian Bread-1 Celery Sticks w/ Dip-3/4 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.	19 Breaded Chicken Fillet on a Whole Wheat Bun-1 Green Beans-3/4 c. Diced Pear Cup-1/2 c. Milk-8 oz.	20 <b>DOMINO'S</b> W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Peach Cup-1/2 c. Milk-8 oz.
23 Chicken Fingers-3 Corn-3/4 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.	24 Beef Nachos with Cheddar Cheese Sauce-6 oz. Fresh Baby Carrots w/ Dip-1 c. W/G Tortilla Scoops-1 oz. Strawberry Applesauce Cup-1/2 c. Milk-8 oz.	25 Turkey and Cheese on a W/G Potato Bun-1 Fresh Broccoli Florets with Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	26 Salisbury Steak with Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Orange-1 Milk-8 oz.	27 <b>DOMINO'S</b> W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
30 Cheese Ravioli with Meat Sauce-5 oz.. Broccoli Florets-3/4 c. Whole Grain Bread Diced Peach Cup-1/2 c. Milk-8 oz.	31 <b>BREAKFAST FOR LUNCH</b> French Toast Sticks w/ Syrup-3 Turkey Sausage Links-3 oz. Celery Sticks w/ Dip-3/4 c. Diced Pear Cup-1/2 c. Milk-8 oz.			